

# Ramos Institute

# Tae Park Tae Kwon Do



**What:** Tae Kwon Do Classes

**Where:** Ionia Armory Gym  
439 W. Main St.

**When:** Tuesday's 6 –7:30 PM  
Saturday 1:30 - 3:00 PM (Seasonal)

**Cost:** \$35 first student, \$10 for an additional family member per month. Workshops and Second weekly classes (\$3) may be additional cost.

**Tae Kwon Do Promotes:**  
Self Defense, Fitness, Health, Well Being, Strength

**Instructor:** Master Patricia Ramos, 4th dan

**For additional information call Master Ramos at:  
616-902-1609**