



# CONGREGATE-TO-GO!



*DRIVE-THRU Meal Service for Seniors Each Tuesday in Ionia*

**NEW PICK-UP TIME:**

**11:45am to 12:15pm**

**in the Ionia County Commission  
on Aging Parking Lot  
115 Hudson Street, Ionia  
TUESDAYS in November.**

**Bring your reusable COA  
insulated bag for pick-up!\***

Sponsored by the Ionia County  
Commission on Aging.

**RSVP the Friday before by NOON.**

**(616) 527-5365 or toll-free  
888-527-5365**

Suggested donation of \$3.00 for 60+ seniors and  
their caregivers, \$5.00 charge for others.

*\*bag is not required for meal pick-up*



**"Congregate-to-GO" NOVEMBER MENU**

*Each meal includes milk & water.*

**NOV. 3**

Meat Loaf, Mashed Potatoes, Green Beans,  
Fresh Fruit, Cookie.

**Nov. 10**

**FREE to Veterans and Spouses!**

All Beef Hot Dog, Potato Wedges, Mixed Veg-  
gies, Fresh Fruit, Lemon Meringue Pie.

**NOV. 17**

**Special Thanksgiving Meal!**

Turkey, Mashed Potatoes & Gravy  
Green Beans, Stuffing, Cranberries and  
Pumpkin Dessert.

**NOV. 24**

Ham & Bean Soup, Crackers, Veg. Blend,  
Fresh Fruit, Sweet Treat.

**Special COA Fundraiser NOV. 24 ONLY:**

**Buy a loaf of fresh, homemade white bread  
for only \$3 and help support ICCOA.**