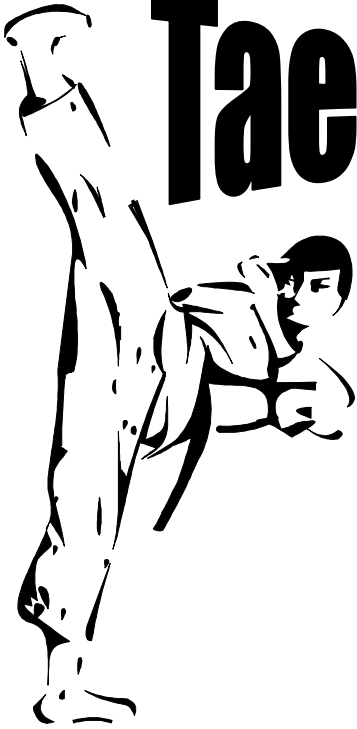


Ramos Institute

Tae Park Tae Kwon Do



What: Tae Kwon Do Classes

Where: Ionia Armory Gym
439 W. Main St.

When: Tuesday's 6 –7:30 PM
Saturday 1:30 - 3:00 PM (Seasonal)

Cost: \$25 first student, \$15 for an additional family member per month. Workshops and Saturday classes may be additional cost.

Tae Kwon Do Promotes:

Self Defense, Fitness, Health, Well Being, Strength

Instructor: Master Patricia Ramos, 4th dan

**For additional information call Master Ramos at:
616-902-1609**